

OPEIU LOCAL 8 MEMBER RESOURCES

www.opeiu8.org

UNEMPLOYMENT RESOURCES:

Washington State Employment Security Department
Unemployment Claims Telecenter
1-800-318-6022
<http://www.esd.wa.gov/>

The Employment Security Department is the place to find out if you're eligible for unemployment benefits and file your weekly claim. They also provide job search and retraining services.

Unemployment Law Project
1904 3rd Ave. Suite 604
Seattle, WA 98101
(206) 441-9178
Toll Free: 1-888-441-9178
<http://unemploymentlawproject.org/>

The Unemployment Law Project provides free legal assistance and information to people in Washington State who have been denied unemployment benefits or whose award of benefits is challenged.

FOOD BANK RESOURCES:

Washington State Food Banks
Washington State Food Banks provides a list of local food banks and their respective contact information at
<http://agr.wa.gov/FoodProg/Map/>

For more general information, the Washington State Department of Agriculture can be reached at **(360) 902-1800**.

Food Lifeline
(206) 545-3663
Toll Free: 1-877-404-7543
<http://www.foodlifeline.org/index.html>

Food Lifeline is based in 13 counties in Western Washington with a network of nearly 300 food banks, meal programs and shelters.

Second Harvest
(509) 534-6678
<http://2-harvest.org/>

Second Harvest is based in 26 counties in Eastern Washington and Northern Idaho with a network of 250 food banks and meal centers.

COMMUNITY RESOURCES:

Washington Information Network 2-1-1
Dial **(211)** from anywhere in Washington State or: **Toll Free: 1-877-211-9274**
<http://www.win211.org/>

Washington State's 2-1-1 service is a database of thousands of community resources as well as a database of health and human service providers.

Parent Help 123
Toll Free: 1-800-322-2588
<http://www.win211.org/>

ParentHelp123.org, program of WithinReach, helps Washington State families apply for health and food programs online, and locate resources in their local communities.

Affordable Act
Toll Free: 1-855-923-4633
<http://www.wahealthplanfinder.org>

Affordable Act is a base for people who are looking to buy affordable health care, including Medicare, Medicaid, Washington Apple Health, as well as other low cost health benefits.

Puget Sound Labor Agency
(206) 448-9277
King County Office
2800 1st Ave. Rm. 124-126
Seattle, WA 98121
<http://www.pslaonline.org/>

Puget Sound Labor Agency provides various community services, and operates a food bank that is open Mondays and Fridays between 8AM and noon.

OPEIU Local 8 Hardship Fund
Main Office Number: (206) 441-8880

The OPEIU Local 8 Hardship Fund is open to members in good standing who have suffered an emergency that has caused temporary and sudden non-recurring financial shortfall.

**RENTAL, UTILITY AND ENERGY
BILL ASSISTANCE BY REGION:**

Referrals for rental and utility bill assistance in all areas dial: (211) anywhere in Washington State

Washington Low Income Housing Alliance
(206) 442-9455
<http://www.wliha.org/>

Hopelink (Greater Seattle)
(206) 440-7300
<http://www.hope-link.org/>

Hopelink has several offices throughout the area that offer residents a variety of short and long term assistance programs that include rental assistance, eviction prevention, food banks, and utility bill assistance.

Washington State Community Action Partnership:
<http://www.wapartnership.org/caps.php>

This website includes a list and contact information for Community Action Programs located throughout the state, which provide services relevant to their respective locations. Common services provided include housing assistance, employment assistance, energy assistance, in addition to much more.

Washington State Homeownership Information Hotline

Toll Free: 1-877-894-4663

<http://www.dfi.wa.gov/consumers/homeownership/>

This is a free service providing information for struggling homeowners.

Department of Commerce Low-Income Home Energy Assistance Program (LIHEAP)
(360) 725-2857

<http://www.commerce.wa.gov/Services/individualassistance/Low-Income-Home-Energy-Assistance-Program/Pages/default.aspx>

LIHEAP is funded by the U.S. Department of Health and Human Services in order to assist low income households with their energy bills.

City of Seattle Utility Discount Programs
(206) 684-0268

These programs provide energy and utility assistance for residential Seattle Public Utilities and Seattle City Light customers. Potential services include discounted rates, emergency assistance, the federal government energy bill assistance program, and Project SHARE.

24 HOUR CRISIS LINES BY COUNTY:

ADAMS COUNTY

COMMUNITY COUNSELING SERVICE
165 N. 1st Ave., Ste 120
Othello, WA 99344
(509) 488-5611

ASOTIN COUNTY

24-HOUR CRISIS LINE
900 7th St., Clarkston, WA 99403
(509) 758-3341

BENTON COUNTY

CRISIS RESPONSE UNIT
2635 W. Deschutes Ave.
Kennewick, WA 99336
(509) 783-0500

CHELAN COUNTY

Recovery Innovations
(509) 662-7105

CLALLAM COUNTY

Crisis Clinic of the Peninsula
(360) 479-3033

CLARK COUNTY

CLARK COUNTY CRISIS LINE
P.O. Box 637, Portland, OR 97207
1-800-626-8137, (360) 696-9560

COLUMBIA COUNTY

BLUE MOUNTAIN COUNSELING
(509) 382-1164

COWLITZ COUNTY

LOWER COLUMBIA MENTAL HEALTH
921 14th Ave. Longview, WA 98632
(360) 425-6064 (24 hours)

DOUGLAS COUNTY

Recovery Innovations
(509) 662-7105

FERRY COUNTY

NEW ALLIANCE COUNSELING SERVICES
1-866-268-5105

FRANKLIN COUNTY

CRISIS RESPONSE UNIT
2635 W. Deschutes Ave.
Kennewick, WA 99336
(509) 783-0500

GARFIELD COUNTY

24-HOUR CRISIS LINE
900 7th St., Clarkston, WA 99403
(509) 758-3341

GRANT COUNTY

CRISIS INTERVENTION
1-877-467-4303, (509) 765-1717

GRAYS HARBOR COUNTY

CRISIS CLINIC
615 8th St., Hoquiam, WA 98550
(360) 532-4357

ISLAND COUNTY

CARE CRISIS LINE
1-800-584-3578

JEFFERSON COUNTY

COMMUNITY COUNSELING SERVICE
802 Sheridan, MS 113,
Port Townsend, WA 98368
(360) 385-0321

KING COUNTY

CRISIS CLINIC
1515 Dexter Ave. N., Ste. 300
Seattle, WA 98109
(206) 461-3222

KITSAP COUNTY

Crisis Clinic of the Peninsula
(360) 479-3033

KITTITAS COUNTY

Crisis Line
(509) 925-4168

KLICKITAT COUNTY

24-Hour Crisis Line
(509) 575-4200

JEFFERSON COUNTY

Crisis Clinic of the Peninsula
(360) 479-3033

LEWIS COUNTY

Cascade Mental Health Care
(360) 748-6696

LINCOLN COUNTY

NEW ALLIANCE COUNSELING SERVICES
1-866-268-5105

MASON COUNTY

CRISIS CLINIC OF THURSTON AND MASON COUNTIES
(360) 586-2777

OKANOGAN COUNTY

Okanogan Behavioral Health Care
(509) 826-6191

PACIFIC COUNTY

WILLAPA COUNSELING CENTER
P.O. Box 65 / 819 Alder, South Bend, WA 98586
(360) 642-3787

PEND OREILLE COUNTY

Counseling Services
Daytime number: (509) 447-5651
After hours: 1-866-847-8540 (effective until 1/1/2014)

PIERCE COUNTY

PIERCE COUNTY CRISIS LINE
1-800-576-7764

SAN JUAN COUNTY

CARE CRISIS LINE
1-800-584-3578

SKAGIT COUNTY

CARE CRISIS LINE
1-800-584-3578

SKAMANIA COUNTY

MENTAL HEALTH AND PUBLIC HEALTH 24 HOUR
CRISIS LINE
(509) 427-3850

SNOHOMISH COUNTY

CARE CRISIS LINE
1-800-584-3578

SPOKANE COUNTY

CRISIS SERVICES – CMHC
107 S. Division St., Spokane, WA 99202
(509) 838-4428

SEXUAL ASSAULT AND FAMILY

TRAUMA RESPONSE
210 W. Sprague Ave.
Spokane, WA 99201
(509) 624-7273

STEVENS COUNTY

CRISIS TEAM
165 E. Hawthorne Ave., Colville, WA 99114
(509) 522-4278

NEW ALLIANCE COUNSELING SERVICES

1-866-268-5105

THURSTON COUNTY

CRISIS CLINIC OF THURSTON AND MASON COUNTIES
(360) 586-2777

WAHKIAKUM COUNTY

Local service in Wahkiakum County:
(360) 795-8630

WALLA WALLA COUNTY

WALLA WALLA MENTAL HEALTH CENTER
209 S. 2nd St., Walla Walla, WA 99362
(509) 522-4278

WHATCOM COUNTY

CARE CRISIS LINE
1-800-584-3578

WHITMAN COUNTY

WHITMAN COUNTY COUNSELING SERVICES
340 Maple St. N.E.
Pullman, WA 99163
(509) 334-1133

YAKIMA COUNTY

CENTRAL WASHINGTON COMPREHENSIVE
MENTAL HEALTH
402 S. 4th Ave.
P.O. Box 959
Yakima, WA 98907
(509) 575-4200