

# OPEIU LOCAL 8 MEMBER RESOURCES

[www.opeiu8.org](http://www.opeiu8.org)

## **UNEMPLOYMENT RESOURCES:**

**Washington State Employment  
Security Department**  
Unemployment Claims Telecenter  
**1-800-318-6022**  
<http://www.esd.wa.gov/>

The Employment Security Department is the place to find out if you're eligible for unemployment benefits and file your weekly claim. They also provide job search and retraining services.

**Unemployment Law Project**  
1904 3<sup>rd</sup> Ave. Suite 604  
Seattle, WA 98101  
**(206) 441-9178**  
**Toll Free: 1-888-441-9178**  
<http://unemploymentlawproject.org/>

The Unemployment Law Project provides free legal assistance and information to people in Washington State who have been denied unemployment benefits or whose award of benefits is challenged.

## **FOOD BANK RESOURCES:**

**Washington State Food Banks**  
Washington State Food Banks provides a list of local food banks and their respective contact information at  
<http://agr.wa.gov/FoodProg/Map/>

For more general information, the Washington State Department of Agriculture can be reached at **(360) 902-1800**.

**Food Lifeline**  
**(206) 545-3663**  
**Toll Free: 1-877-404-7543**  
<http://www.foodlifeline.org/index.html>

Food Lifeline is based in 13 counties in Western Washington with a network of nearly 300 food banks, meal programs and shelters.

**Second Harvest**  
**(509) 534-6678**  
<http://2-harvest.org/>

Second Harvest is based in 26 counties in Eastern Washington and Northern Idaho with a network of 250 food banks and meal centers.

## **COMMUNITY RESOURCES:**

**Washington Information Network 2-1-1**  
Dial **(211)** from anywhere in Washington State or: **Toll Free: 1-877-211-9274**  
<http://www.win211.org/>

Washington State's 2-1-1 service is a database of thousands of community resources as well as a database of health and human service providers.

**Parent Help 123**  
**Toll Free: 1-800-322-2588**  
<http://www.win211.org/>

ParentHelp123.org, program of WithinReach, helps Washington State families apply for health and food programs online, and locate resources in their local communities.

**Affordable Act**  
**Toll Free: 1-855-923-4633**  
<http://www.wahealthplanfinder.org>

Affordable Act is a base for people who are looking to buy affordable health care, including Medicare, Medicaid, Washington Apple Health, as well as other low cost health benefits.

***Puget Sound Labor Agency***  
**(206) 448-9277**  
King County Office  
2800 1<sup>st</sup> Ave. Rm. 124-126  
Seattle, WA 98121  
<http://www.pslaonline.org/>

Puget Sound Labor Agency provides various community services and operates a food bank.

***OPEIU Local 8 Hardship Fund***  
**Main Office Number: (206) 441-8880**

The OPEIU Local 8 Hardship Fund is open to members in good standing who have suffered an emergency that has caused temporary and sudden non-recurring financial shortfall.

### **RENTAL, UTILITY AND ENERGY BILL ASSISTANCE BY REGION:**

***Referrals for rental and utility bill assistance in all areas dial: (211) anywhere in Washington State***

***Washington Low Income Housing Alliance***  
**(206) 442-9455**  
<http://www.wliha.org/>

***Hopelink (Greater Seattle)***  
**(206) 440-7300**  
<http://www.hope-link.org/>

Hopelink has several offices throughout the area that offer residents a variety of short and long term assistance programs that include rental assistance, eviction prevention, food banks, and utility bill assistance.

***Washington State Community Action Partnership:***  
<http://www.wapartnership.org/caps.php>

This website includes a list and contact information for Community Action Programs located throughout the state, which provide services relevant to their respective locations. Common services provided include housing assistance, employment assistance, energy assistance, in addition to much more.

***Washington State Homeownership Information Hotline***

**Toll Free: 1-877-894-4663**

<http://www.dfi.wa.gov/consumers/homeownership/>

This is a free service providing information for struggling homeowners.

***Department of Commerce Low-Income Home Energy Assistance Program (LIHEAP)***  
**(360) 725-2857**

<http://www.commerce.wa.gov/Services/individualassistance/Low-Income-Home-Energy-Assistance-Program/Pages/default.aspx>

LIHEAP is funded by the U.S. Department of Health and Human Services in order to assist low income households with their energy bills.

***City of Seattle Utility Discount Programs***  
**(206) 684-0268**

These programs provide energy and utility assistance for residential Seattle Public Utilities and Seattle City Light customers. Potential services include discounted rates, emergency assistance, the federal government energy bill assistance program, and Project SHARE.

## **24 HOUR CRISIS LINES BY COUNTY:**

### ***ADAMS COUNTY***

COMMUNITY COUNSELING SERVICE  
165 N. 1st Ave., Ste 120  
Othello, WA 99344  
(509) 488-5611

### ***ASOTIN COUNTY***

24-HOUR CRISIS LINE  
900 7th St., Clarkston, WA 99403  
(509) 758-3341

### ***BENTON COUNTY***

CRISIS RESPONSE UNIT  
2635 W. Deschutes Ave.  
Kennewick, WA 99336  
(509) 783-0500

### ***CHELAN COUNTY***

Recovery Innovations  
(509) 662-7105

### ***CLALLAM COUNTY***

Crisis Clinic of the Peninsula  
(360) 479-3033

### ***CLARK COUNTY***

CLARK COUNTY CRISIS LINE  
P.O. Box 637, Portland, OR 97207  
1-800-626-8137, (360) 696-9560

### ***COLUMBIA COUNTY***

BLUE MOUNTAIN COUNSELING  
(509) 382-1164

### ***COWLITZ COUNTY***

LOWER COLUMBIA MENTAL HEALTH  
921 14th Ave. Longview, WA 98632  
(360) 425-6064 (24 hours)

### ***DOUGLAS COUNTY***

Recovery Innovations  
(509) 662-7105

### ***FERRY COUNTY***

NEW ALLIANCE COUNSELING SERVICES  
1-866-268-5105

### ***FRANKLIN COUNTY***

CRISIS RESPONSE UNIT  
2635 W. Deschutes Ave.  
Kennewick, WA 99336  
(509) 783-0500

### ***GARFIELD COUNTY***

24-HOUR CRISIS LINE  
900 7th St., Clarkston, WA 99403  
(509) 758-3341

### ***GRANT COUNTY***

CRISIS INTERVENTION  
1-877-467-4303, (509) 765-1717

### ***GRAYS HARBOR COUNTY***

CRISIS CLINIC  
615 8th St., Hoquiam, WA 98550  
(360) 532-4357

### ***ISLAND COUNTY***

CARE CRISIS LINE  
1-800-584-3578

### ***JEFFERSON COUNTY***

COMMUNITY COUNSELING SERVICE  
802 Sheridan, MS 113,  
Port Townsend, WA 98368  
(360) 385-0321

### ***KING COUNTY***

CRISIS CLINIC  
1515 Dexter Ave. N., Ste. 300  
Seattle, WA 98109  
(206) 461-3222

### ***KITSAP COUNTY***

Crisis Clinic of the Peninsula  
(360) 479-3033

### ***KITTITAS COUNTY***

Crisis Line  
(509) 925-4168

### ***KLICKITAT COUNTY***

24-Hour Crisis Line  
(509) 575-4200

### ***JEFFERSON COUNTY***

Crisis Clinic of the Peninsula  
(360) 479-3033

### ***LEWIS COUNTY***

Cascade Mental Health Care  
(360) 748-6696

### ***LINCOLN COUNTY***

NEW ALLIANCE COUNSELING SERVICES  
1-866-268-5105

### ***MASON COUNTY***

CRISIS CLINIC OF THURSTON AND MASON COUNTIES  
(360) 586-2777

### ***OKANOGAN COUNTY***

Okanogan Behavioral Health Care  
(509) 826-6191

### ***PACIFIC COUNTY***

WILLAPA COUNSELING CENTER  
P.O. Box 65 / 819 Alder, South Bend, WA 98586  
(360) 642-3787

**PEND OREILLE COUNTY**

Counseling Services  
Daytime number: (509) 447-5651  
After hours: 1-866-847-8540 (effective until 1/1/2014)

**PIERCE COUNTY**

PIERCE COUNTY CRISIS LINE  
1-800-576-7764

**SAN JUAN COUNTY**

CARE CRISIS LINE  
1-800-584-3578

**SKAGIT COUNTY**

CARE CRISIS LINE  
1-800-584-3578

**SKAMANIA COUNTY**

MENTAL HEALTH AND PUBLIC HEALTH 24 HOUR  
CRISIS LINE  
(509) 427-3850

**SNOHOMISH COUNTY**

CARE CRISIS LINE  
1-800-584-3578

**SPOKANE COUNTY**

CRISIS SERVICES – CMHC  
107 S. Division St., Spokane, WA 99202  
(509) 838-4428

**SEXUAL ASSAULT AND FAMILY  
TRAUMA RESPONSE**

210 W. Sprague Ave.  
Spokane, WA 99201  
(509) 624-7273

**STEVENS COUNTY**

CRISIS TEAM  
165 E. Hawthorne Ave., Colville, WA 99114  
(509) 522-4278

**NEW ALLIANCE COUNSELING SERVICES**

1-866-268-5105

**THURSTON COUNTY**

CRISIS CLINIC OF THURSTON AND MASON COUNTIES  
(360) 586-2777

**WAHIAKUM COUNTY**

Local service in Wahkiakum County:  
(360) 795-8630

**WALLA WALLA COUNTY**

WALLA WALLA MENTAL HEALTH CENTER  
209 S. 2nd St., Walla Walla, WA 99362  
(509) 522-4278

**WHATCOM COUNTY**

CARE CRISIS LINE  
1-800-584-3578

**WHITMAN COUNTY**

WHITMAN COUNTY COUNSELING SERVICES  
340 Maple St. N.E.  
Pullman, WA 99163  
(509) 334-1133

**YAKIMA COUNTY**

CENTRAL WASHINGTON COMPREHENSIVE  
MENTAL HEALTH  
402 S. 4th Ave.  
P.O. Box 959  
Yakima, WA 98907  
(509) 575-4200