

Check Out www.opeiu8.org
For Details &
Most Up To Date Calendar !

Member Education

■ Advanced Steward Training

Pasco

Sat., Oct. 12, 10 am - 12 noon

Franklin County PUD

1411 W. Clark St.

Bellingham

Thurs., Oct. 17, 6 pm to 8 pm

Fairhaven Library, Northwest Rm.

■ Member Benefits/ Financial Bootcamp

Sat., Nov. 2, 10 am to 3 pm

IBEW 77 Building

19415 International Blvd, SeaTac

Chapter Meetings

■ Kent/Auburn

Sat., Sept. 14, 10 am - 12 noon

IBEW Local 46, Classroom 4

19802 62nd Ave. S.

■ Yakima

Sat., Oct. 12, 10 am - 12 noon

Central Lutheran Church

1604 W. Yakima Ave.

■ Shoreline

Thurs., Nov. 14, 6 pm - 8 pm

Shoreline Conf. Ctr., Arden Room

18560 1st Ave. NE

■ Aberdeen

Sat., Nov. 16, 10 am - 12 noon

IAM Woodworkers

2600 Sumner Ave.

Notice of 2013 OPEIU Local 8 Nominations and Elections

In accordance with Article 14 of Local 8's Bylaws, this is notification that nominations and elections will take place at the September 28 Membership Assembly (see below for times and location). The Local 8 Constitution and Bylaws, which describes the duties and responsibilities for each position, can be found on the Local 8 website at www.opeiu8.org under "About Us" or call the Local 8 office for a copy. The Bylaws also explain in detail the election process. We will have the following nominations and elections:

- **Nomination of Recording Secretary position** to fill out the term (until January 2016) being vacated by Shaunie Saelee. This is an at large position.
- **Nomination of a Central Region Executive Board position** to fill out the term (until January 2016) being vacated by Elaine Carlson. Members shall be nominated and elected only by those members who reside in the same region as the Central Region Executive Board position which is Martin Luther King, Jr. County.

(Continued on back page)

Raise Your Union Voice at the next Assembly!


Saturday, September 28, 2013

10:00 am to 4:00 pm (registration at 9:30 am)
4:30 pm to 6:30 pm Social Hour/PAC Auction
Medallion Hotel, 16710 Smokey Point Blvd, Arlington, Washington
Box Lunch Provided

Highlights of the Next Assembly

- Members In Action
- Nominations and Election of Open Central Labor Council Positions and Local 8 Trustee
- Nominations of Central Region Executive Board Position and At Large Recording Secretary Position
- Political Action Committee Auction (at the Social Hour)
- Membership Reports
- Committee Meetings for Shop Steward/Communication; Political Action; Hardship Fundraising; and Diversity
- Review and Approval of any New Union Business
- Presentation by Mark McDermott on "Reclaiming the American Dream"

Register with Lori at lori@opeiu8.org or 1-800-600-2433 (ext. 123) as soon as possible.
Travel stipends may be available. Let us know if you need childcare or help with transportation.



See Inside for Massage Bar Election Results

M e m b e r s

Massage Bar Therapists Vote **UNION YES!**

Licensed Massage Practitioners at the Seattle based Massage Bar, Inc. voted on Thursday, August 22 by an overwhelming margin to form a union with Local 8. “We’re proud of our profession and forming a union will help us gain more recognition”, says **Tonya Zarlengo**, an 8 year employee and member of the Organizing Committee. Earlier this year, employees at the Sacramento branch voted to join OPEIU Local 29.

Massage Bar, Inc. was founded in 1993 by Cary Cruea with a mission to introduce the traveling public to the benefits of massage therapy. Massage Bar is recognized as a pioneer and leader in airport seated massage and has locations in Nashville, Washington D.C., Pittsburg, Boise, and Cincinnati. The 40 Seattle based employees work at SeaTac Airport and the Washington Convention Center.



Massage Bar Union Organizing Committee
(L-R): Shalane Kelly, Kate McCartney, Simone Vigil,
Tonya Zarlengo, Rand Orser, Tom Tanouye.
Not pictured: Heather Parent, Katy Staton, Christel Arant.

Employees contacted Local 8 earlier this summer to get help addressing a cutback in shift hours, seemingly to avoid future requirements of the Affordable Care Act. “We lack the basic benefits many health professionals enjoy, like access to affordable health care or paid sick leave. We hope to work in partnership with management to make improvements that will benefit employees and the company”, states **Tom Tanouye**, a 17 year employee. **Heather Parent**, a newer employee observed, “This is really groundbreaking for our industry.” We look forward to starting contract negotiations shortly.

Executive Board

Kellie McGuire
President

Kathi Scott
Vice President

Cindy Schu
Secretary-Treasurer

Shaunie Saelee
Recording Secretary

Valancy Blackwell,
Central

Rodrigo Ramirez-
Herrera, Central

Ruthie Cuthrell,
Central

Anthony Forte,
Central

Jan Hays, Central

David Olivera,
Central

Pam Hansen, North

Janice Herrera,
North

Audrey Gunderson,
North

John O’Keefe, North

Jan Abberger,
South /West

Karen White,
South/West

Michelle Ruiz,
South/West

Barb Brennan, East

Robin Sullivan, East

Lisa Jones, East

Joan Weiss
Trustee

Lois Jamieson
Trustee

Jim O’Connor
Trustee

Carol Rozumalski
Trustee

From a Shop Steward’s Perspective....

Submitted by Group Health Shop Steward, Kerry Warner

In my over 20 years at Group Health, I’ve been a Local 8 Shop Steward a large part of that time. There have been many managers and supervisors I’ve had the opportunity to work with and two in particular come to mind. Both of these individuals and I got off to a “rocky” start. They had never supervised employees in a union setting and I couldn’t understand why they seemed resistant to our Union Contract. After finding common ground we were able to communicate effectively and see the Union Contract from the business needs side and from the labor’s side and understand the intent of the language is very important. I have gained sincere respect for these two individuals and I believe that, in return, I have gained their respect.

One of these managers took the time to write me a note and refer to me as her mentor and friend. The other manager and I have a friendship that was unexpected but continues to grow even though we don’t work together anymore.

Just because we are Shop Stewards doesn’t mean we’re “against” management. It’s our responsibility to help management learn our Contract and also for us to listen to management’s needs. It has been very rewarding for me as a Shop Steward to gain the respect of several managers and from my co-workers. I’ve enjoyed helping them to learn, understand and honor our Union Contract.

Interested in becoming a Shop Steward in your workplace? Training and support provided!
Contact Corinne at corinne@opeiu8.org, or Cindy at cindy@opeiu8.org,
or your union representative and we’ll help you get started.

in Action



Delegates to the OPEIU International Convention, Suzanne Mode, Elaine Carlson, David Olivera, Cindy Schu and Kellie McGuire accept an award for our very active Political Action Committee. Congratulations also to Suzanne Mode for being elected as our International Vice President for a second term.



Local 8 Members at the 32nd Annual Summer Institute for Union Women, an educational conference held in Seattle this year for the first time.

Caitlyn Jekel, Phedra Quincey, Justine Winnie, Katie Garrow and Corinne Cosentino.
Not pictured: Shaunie Saelee.



One of many lobby days in Olympia with members from Tri-Cities Community Health and Senior Life Resources. Carolyn Banks, Barb Brennan, Yesenia Colvin and Patricia Huizar.

Local 8's Hardship Fund Grows to \$10,000 Thanks to Generous Donations

Local 8 Hardship Fundraising committee would like to thank and acknowledge to date the 2013 generous contributors to the Hardship Fund. Our Mother Jones Champions: **Jan Abberger, Tonya Gildon, Suzanne Mode, Phyllis Naiad and Cindy Schu** for their contribution of \$250 or more. Our Cesar Chavez Patrons: **Mike Gimlin, Kelli McGuire, Shelby Mooney,** and **Alan Wolfson** for their contribution of \$100 or more. Our Clara Lemich Angels: **Diane Arnold, Shana Boschma, Corinne Cosentino, Richard Cox, Gabe Hargrove, Benita Hyder, Mike Maloney, Mary Maloy, Jim O'Connor, Valarie Peaphon,** and WFSE Local 8 members for contribution of \$50 or more. Our A. Philip Randolph Friends: **Jane Crigler, Ruth Cuthrell, Kathleen Davis,** and **Amanda Saylor** for their contribution of \$25 or more. We also want to acknowledge generous contributors **Kathi Scott, Terry Hall** and our Anonymous Contributors to the fund.

We hope you will consider becoming a contributor to this important fund which helps Local 8 members who are experiencing an immediate, severe and temporary financial situation due to an emergency. Donation forms can be found on the Local 8 website along with Hardship fund application guidelines. If you are interested in joining the Hardship Fundraising Committee, we meet at the Local 8 office and on conference call at 6 pm. For more information or conference call in instructions contact **Shelby at Shelby@opeiu8.org** or 206-448-2615. The only way to keep this fund going is with your help!

Staff

- Suzanne Mode
Business Manager
- Cindy Schu
Organizing Director
- Corinne Cosentino
Organizer
- Shelby Mooney
Union Representative
- Mary Maloy
Union Representative
- Benita Hyder
Union Representative
- Amanda Saylor
Union Representative
- Valarie Peaphon
Union Representative
- Diane Arnold
Union Representative
- Colleen Shelton
Office Manager
- Libby Alejandro
Administrative Secretary
- Betty Devereaux
Secretary/Receptionist
- Lori Risteyn
Bookkeeper
- Mary Silver
Billing Clerk

Welcome to our
University of Washington
Social Work Intern
Matt Magee



**Find us on
Facebook**

[www.Facebook.com/
OPEIULocal8](http://www.Facebook.com/OPEIULocal8)

Notice of Nominations and Elections *(Continued from page 1)*

- **Nominations and election of one Trustee position to serve a three year term.**
- **Nominations and election of Delegates to open positions on the Central Labor Councils to serve** out a term until January 2015. The open positions will be posted on the website in advance of the Assembly. Look under Membership Assemblies.
- **Eligibility:** Members must be in continuous good standing for at least twelve (12) months prior to an election for any officer position. Members must be in continuous good standing for at least six (6) months prior to an election for delegate positions.
- **Nomination Process:** Nominees must be in attendance at the meeting where they are nominated or declare in writing their willingness to accept the nomination. Written declaration must be presented before the close of nominations.
- **Election:** Election process for officers will be by mail ballot in accordance with the OPEIU Local 8 Election Policies and Procedures and with the Local 8 Constitution and Bylaws. Both of these documents are available by contacting Libby at the Local 8 office.



The Shop Steward Committee after completing filming of the Weingarten training video.

Watch for the debut at the next Assembly!

Pictured are (L-R) Kathy Cummings, Becky Mowry, Joan Weiss, Mary Maloy, John Latimer, Elaine Carlson, Alan Wolfson, Matt Magee (intern), Cindy Schu, Robin Ledbetter, Anthony Forte, Carol Rozumalski and Shaunie Saelee.

Many thanks to our outgoing Executive Board members Shaunie Saelee (Recording Secretary) and Elaine Carlson. Elaine will be moving with her family out of state and Shaunie has resigned to be able to fulfill other duties such as being an officer with the King County Democrats. Both Elaine and Shaunie have been dedicated union activists taking leadership roles in WA Yell, the Political Action Committee, Shop Steward Committee, and various delegate positions. *They will both be missed greatly!*

Thank You!



www.opciu.org
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Local 8 Journal



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