

October 5, 2022

Union ★
Update

OPEIU
Local



for OPEIU Local 8 members at Valley Medical Center

Union Update

OPEIU Member Overwhelming Approve 2023 Healthcare Changes

The OPEIU members approved the changes to the 2023 healthcare benefit changes. Changes to the healthcare benefits for 2023 include:

- Reduced current per pay period premium costs for all My Valley and Choice plans participants making less than \$100,000 annually, who complete Wellness program point requirements for premium discounts*
- Increased the annual dental allowance from \$1200 to \$1500
- My Valley Medical Plan includes zero out of pocket maximum requirement for Tier one services.
- Choice Medical Plan Tiers and out of pocket maximums remain unchanged.
- Both plans have maintained zero monthly premiums for Employee only coverage*

(*Employee must participate and earn the required Wellness points to achieve the zero or reduced premium)

Questions? Please contact you Union Representative Erin Adamson at 206-441-8880 ext. 105 or erin@opeiu8.org or Tara Powell at 206-441-8880 ext. 106 or tara@opeiu8.org .

Open Enrollments and Wellness Plan Information

Open enrollment begins October 17th through October 28th. All enrollments will be done online through Kronos. The Benefits guide will be emailed to all employees and available on SharePoint.

Points Rollover!

Employees who participate in the wellness program can roll over 10% of your total wellness points from one plan year to the next year!

Earn Extra Points in 2023!

Employees/covered spouses who complete the Vitality Health Review in the first 90 days of 2023 will receive an additional 750 points each.

- Base number of points to complete VHR is 500 points. (500 points + 750 bonus = 1,250 wellness points)
- Employees/covered spouses who complete the VHR after the 1st 90 days of the year will receive 500 points each.

Register for the Wellness Program at: <https://www.powerofvitality.com/vitality/login>
Employees can email wellness@valleymed.org for assistance

Upcoming OPEIU Events!

New Shop Steward Training	Thursday, October 13	6:00 to 7:00 p.m.
South/West Regional Meeting	Saturday, October 22	9:30 – 11:00 a.m.
Advanced Shop Steward Training	Tuesday, November 8	6:00 – 7:30 p.m.

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Visit our website



OPEIU Local 8 | 800-600-2433 | Fax 206-441-0207 | opeiu8@opeiu8.org | www.opeiu8.org

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OPEIU Local 8 | 2900 Eastlake Ave E Ste 220, Seattle, WA 98102

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