

OPEIU LOCAL 8 MEMBER RESOURCES

LAST UPDATED MAY 2023

OPEIU Local 8 Hardship Fund

Main Office Number: (206) 441-8880 or (800) 600-2433

<https://www.opeiu8.org/member-resources/hardship-fund-and-resources/>

The OPEIU Local 8 Hardship Fund is open to members in good standing who have suffered an emergency that has caused temporary and sudden non-recurring financial shortfall.

UNEMPLOYMENT RESOURCES:

Washington State Employment Security Department

Unemployment Claims Telecenter
1-800-318-6022

<http://www.esd.wa.gov/>

The Employment Security Department is the place to find out if you're eligible for unemployment benefits and file your weekly claim. They also provide job search and retraining services.

Unemployment Law Project

1904 3rd Ave. Suite 604
Seattle, WA 98101

(206) 441-9178

Toll Free: 1-888-441-9178

<http://unemploymentlawproject.org/>

The Unemployment Law Project provides free legal assistance and information to people in Washington State who have been denied unemployment benefits or whose award of benefits is challenged.

FOOD BANK RESOURCES:

For information about food banks, meal programs and other services available, call the Washington Information Network 2-1-1 or visit <https://www.211.org/>

Washington State Food Banks

Washington State Food Banks provides a searchable list and interactive map of local food banks and their respective contact information at <https://agr.wa.gov/services/food-access/access-food-near-you>

For more general information, the Washington State Department of Agriculture can be reached at **(360) 902-1800**.

Puget Sound Labor Agency

(206) 448-9277

5300 4th Ave S

Seattle, WA 98108

<https://www.pugetsoundlaboragency.org/>

Puget Sound Labor Agency operates a food bank as well as a wheelchair ramp program.

Food Lifeline

(206) 545-6600

Toll Free: 1-877-404-7543

<https://foodlifeline.org/need-food/>

Food Lifeline provides a searchable map of food banks in Western Washington.

Second Harvest

(509) 534-6678

<https://2-harvest.org/>

Second Harvest is based in Eastern Washington and Northern Idaho with a network of 250 food banks, meal centers and other services to fight hunger.

COMMUNITY RESOURCES:

Washington Information Network 2-1-1

Dial **(211)** from anywhere in Washington State or visit <https://www.211.org/>

Washington State's 2-1-1 service is the most comprehensive source of information about local resources and services in the country. Experts are available to help 24/7.

Parent Help 123

Toll Free: 1-800-322-2588

<https://parenthelp123.org/>

ParentHelp123.org, program of WithinReach, helps connect Washington State families to essential health and food resources.

Washington Healthplanfinder

Toll Free: 1-855-923-4633

<https://www.wahealthplanfinder.org>

Washington Healthplanfinder is the place to find a health plan in Washington.

Northwest Justice Project

CLEAR Hotline: 888-201-1014

<https://nwjustice.org/get-legal-help>

NJP provides legal assistance to eligible low-income families and individuals needing help with civil (non-criminal) legal problems in Washington state.

RENTAL, UTILITY AND ENERGY BILL ASSISTANCE BY REGION:

Referrals for rental and utility bill assistance in all areas dial: (211) anywhere in Washington State

Northwest Fair Housing Alliance

800-200-FAIR (3247)

<https://nwfairhouse.org/>

Support for renters in Eastern Washington experiencing housing discrimination

Fair Housing Center of Washington

253-274-9523

<https://fhcWASHINGTON.org/>

Fair Housing Center of Washington provides support to fight unlawful housing discrimination throughout Western and Central Washington.

Tenants Union

Statewide Tenants Rights Hotline: 206-722-6848

<https://tenantsunion.org/>

Washington State Department of Financial Institutions

1-877-894-HOME (4663)

<https://dfi.wa.gov/homeownership/foreclosure>

DFI protects consumers and advances financial health of Washington State by providing fair regulation of financial services and educating consumers to make informed financial decisions. They have foreclosure assistance, medication, prevention, and alternatives to foreclosure.

Hopelink (Greater Seattle)

(206) 440-7300

<https://www.hope-link.org/>

Hopelink has several offices throughout the area that offer residents a variety of short and long term assistance programs that include rental assistance, eviction prevention, food banks, and utility bill assistance.

Washington State Community Action Partnership:

<https://wapartnership.org/>

This website includes a list and contact information for Community Action Programs located throughout the state, which provide services relevant to their respective locations. Common services provided include housing assistance, employment assistance, energy assistance, in addition to much more.

**Department of Commerce Low-Income Home Energy Assistance Program
(LIHEAP)
(360) 725-2857**

<https://www.commerce.wa.gov/growing-the-economy/energy/low-income-home-energy-assistance/>

LIHEAP is funded by the U.S. Department of Health and Human Services in order to assist low income households with their energy bills.

**City of Seattle Utility Discount Programs
(206) 684-0268**

<https://www.seattle.gov/human-services/services-and-programs/utility-discount-program>

These programs provide energy and utility assistance for residential Seattle Public Utilities and Seattle City Light customers.

CRISIS PHONE LINES:

**National Suicide & Crisis Lifeline
Call or text (988)**

<https://988lifeline.org/>

**Crisis Connections 24-Hour Crisis Line
(866) 427-4747**

<https://www.crisisconnections.org/24-hour-crisis-line/>

24-hour Crisis Line provides immediate help to individuals, families, and friends of people in emotional crisis. They provide interpretation in 155 languages. They can help you determine if you or your loved one needs professional consultation and we can link you to the appropriate services. We are a primary source for linking residents to emergency mental health services in King, Pierce, Clark, Skamania, Klickitat, Grant, Okanogan, Chelan and Douglas Counties.

Teen Link

Call or text (866) 833-6546 daily 6:00pm-10:00pm

Teen Link is a confidential and anonymous help line for teens. Trained teen volunteers are available to talk with you about any issue of concern. No issue is too big or too small!

WA Recovery Help Line

Call or text (866) 789-1511 M-F 9am-5pm

<https://www.warecoveryhelpline.org/>

The Washington Recovery Help Line is an anonymous and confidential help line that provides crisis intervention and referral services for Washington State residents. Professionally trained volunteers and staff are available to provide emotional support 24 hours a day, and offer local treatment resources for substance abuse, problem gambling and mental health as well as to other community services.

WA Warm Line

(877) 500-WARM (9276)

WA Warm Line is a peer support help line for people living with emotional and mental health challenges. Calls are answered by specially-trained volunteers who have lived experience with mental health challenges. They have a deep understanding of what you are going through and are here to provide emotional support, comfort, and information. All calls are confidential.