



For Local 8 Members at Crisis Connections

January 9, 2024

## You're Not Alone – Lean On Our Union Community

The death of one of our peers is a painful loss and grief expresses itself differently for everyone. When someone we know passes away, it's normal to feel shock, sadness, confusion, guilt, and even anger.

OPEIU Local 8 wants to help build community and connection in the face of the heartbreaking losses Crisis Connections has suffered, including, most recently, our union sibling, Trenton Kain.

We understand you may be struggling with your own stressors—grief, isolation, economic pressures, current world events, even the cold, gray weather. You know best what you need; please share with us the ways in which you could feel better seen and supported at Crisis Connections. We want to be proactive in making positive changes that influence your work environment, and by extension, your life.

Some people find hope and comfort in community. If you are one of those people, OPEIU has events you might be interested in.

Whether you have ideas on how to increase job satisfaction and belonging or you want more information on upcoming OPEIU events you could attend, email your Union Reps at <a href="mailto:Valarie@opeiu8.org">Valarie@opeiu8.org</a> or <a href="mailto:Phoebe@opeiu8.org">Phoebe@opeiu8.org</a>.

HR at Crisis Connections can also provide additional support and resources.

Take care of yourselves and each other.

In Solidarity,

Valarie Peaphon (she/her), Union Representative Phoebe Feldsher (they/them), Union Representative

As always, please contact your Union Representatives

<u>Valarie@opeiu8.org</u> and <u>Phoebe@opeiu8.org</u> with any questions or comments.



## OFFICE AND PROFESSIONAL EMPLOYEES INTERNATIONAL UNION LOCAL 8

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